



SRI RAMACHANDRA
INSTITUTE OF HIGHER EDUCATION AND RESEARCH
(Category - I Deemed to be University) Porur, Chennai

N-Mind

2024 issue

*An official Newsletter of
Sri Ramachandra Faculty of Nursing*

Contents

- Spotlight
- Faculty Development Programs
- Recognitions (Resource Person)
- Awards
- Paper Presentation
- Publications
- Highlights Of The Department
- Students Corner
- Alumni Corner
- Upcoming Events



Patron

Shri. V.R. VENKATAACHALAM

Chancellor

Advisory board

Dr. UMA SEKAR

Vice-Chancellor

Dr. MAHESH VAKAMUDI

Pro Vice-Chancellor

Dr. K.V. SOMASUNDARAM

Professor of Eminence & Advisor (Academic)

Editor-in-chief

Dr. S. J. NALINI

Principal

Editor

Dr. A. Manjula

Assoc. Professor

Co-editor

Mrs. Karthikadevi

Lecturer

Editorial board

Mrs. D. GEETHA

Asst. Professor

Mrs. S. NALINI

Asst. Professor

Student Members

Ms. J. Dhanuja

Mr. Kuruvilla James

B. Sc Nursing IV Year

Secretarial Assistance

Ms. Theresa J

Mrs. Santhoshini V

EDITOR'S NOTE

Dear N-Mind's Viewers

We are delighted to present this edition of N-MIND, our annual newsletter that celebrates the energy, achievements, and spirit of our College of Nursing. Each year brings new opportunities to grow, adapt, and redefine what excellence in nursing education truly means and this year has been no exception.

We share in these pages glimpses of our collective journey from faculty development programs and student activities to observance of important health days, scholarly publications, and creative contributions from our community. We continue to strengthen our research culture by securing faculty research grants, registering intellectual property, and initiating projects that address practical healthcare challenges.

We understand that healthcare is constantly evolving. With advances in technology, shifting patient needs, and a globally connected world, we are committed to nurturing students who are compassionate, skilled, and forward-looking. Together, we continue to learn, adapt, and move forward building a college community that is resilient, innovative, and dedicated to making a positive impact in healthcare.

With Gratitude,
Dr. A. Manjula

SPOTLIGHT

Sri Ramachandra Faculty of Nursing (SRFoN) organised the 6th National Nurses Conference with the theme 'Nursing Insight for the Future of Health Care' on 10th and 11th January'2024. Prof. Maria Del Carmen Graf, Assistant Professor and Heidi Hansen, Instructional Academic Staff, University of Wisconsin, Oshkosh, USA, graced the event as chief guests. The event adopted a hybrid format, utilizing the Zoho Backstage Platform. A total of 12 scientific sessions were conducted, featuring presentations by both national and international speakers. The conference witnessed the participation of 219 delegates across the country and 44 participants presenting their research papers.



As a part of World skills training event, SRFoN and Tamil Nadu Apex Skill Development centre for Health care jointly organized 'World Skills Health and Social Care Boot Camp' on 07th March'2024. 26 students across Tamil Nadu benefitted.



An awareness session by the Overseas Manpower Corporation Limited (OMCL) (A Government of Tamil Nadu undertaking) was organised on 16th April' 2024. Dr C.N. Mahesvaran, IAS, the Chairman and Managing Director spoke on mandates for overseas placement for nurses to develop their career paths. 103 B.Sc Nursing (Basic) IV year students benefitted.



A seminar and discussion on 'The value of nursing in an age of multimorbidity' was held on 17th April'2024. Prof. Jacquie White, Head of School (Nursing and Midwifery), Faculty of Health Sciences, University of Hull, UK was the presentor. 235 students and 31 faculty benefitted.



An awareness session by the Ashton Nursing Care group, UK was organised on 18th April'2024. Ms. Athreya, International Placement Manager, Ashton Nursing Care group briefed about the opportunities, benefits of employee and essential requirements for nurses placement at Ashton Nursing Care Homes, UK. Final year students of B.Sc Nursing (Basic), B.Sc Nursing (Post Basic), M.Sc Nursing, M.Sc Nursing (Nurse Practitioner and Critical Care). 122 students were benefitted.



The National Workshop on 'Systematic Review and Meta-analysis' was conducted on 3rd & 4th May' 2024. Dr.S.Senthil Kumar, Additional Registrar inaugurated the event and Dr.K.V.Somasundaram, Professor of Eminence & Adviser (Academic) released the workbook. 110 participants from different health professionals across the country participated in the workshop.



SRFoN hosted Innovus 2024, the 4th National Nursing Science Exhibition, on 21st June'2024. Dr. Uma Sekar, Vice-chancellor, Sri Ramachandra Institute of Higher Education and Research (DU), inaugurated the event by cutting the ribbon. There were 132 registrants in total, with 14 in the individual category and 41 in the group category. Prizes were awarded in four different categories: undergraduates, postgraduates, Ph.D. scholars, and other healthcare professionals. Students from various colleges across Tamil Nadu and Pondicherry actively participated. 515 students benefitted.



An MOU was signed between Sri Ramachandra Institute of Higher Education and Research (Deemed to be University) and Ebek Med Edventures Private Limited for the implementation of value-based course on NursEng. Mr. Neslyn Johnson, CEO, Ebek Language Laboratories Pvt. Ltd., presented a seminar on health care communication. Mr. T.K. Arunachalam, Regional Director- South Asia (English) Cambridge University Press and Assessment conducted an interactive session on the role of Cambridge in South Asia. 160 B.Sc. Nursing I year students and nine faculty members benefitted.



The faculty members from SRFoN, Principal Prof. Dr. S.J. Nalini, Prof. Dr. A. Seethalakshmi, and Principal Faculty of Sports Sciences, Dr. Jibu George Varghese, visited the University of Hull, UK, from 22nd to 26th July'2024. The purpose of the tour was to participate in a project focused on health care training, professional development, and future collaboration plans. The faculty visited the simulation center, Hull Royal Infirmary Hospital, and the School of Sports Exercise and Rehabilitation Sciences.



The 6th Dr. S. Thanikachalam Endowment Oration was organised, Dr. Mahesh Vakamudi, Pro Vice-Chancellor felicitated and honoured the orator with an endowment plaque and presided the oration. Dr. Judith Angelitta Noronha, Professor & Dean, Manipal College of Nursing, Manipal, Karnataka delivered the oration on the topic 'Empower & Embrace: Navigating Innovations and challenges in Contemporary Nursing Education and Practice' on 20th August'2024. 243 participants from various nursing institutions across Chennai attended the oration.



The 32nd Lamp Lighting Ceremony was held on 30th September 2024, for the first-year B.Sc. Nursing batch of 2024-2025. Dr. C. Joe Arun, SJ, Chairman of the State Minorities Commission, Tamil Nadu, and Director of Loyola Institute of Business Administration, Chennai, was the chief guest. In his address, he highlighted the importance of nurses embodying patience, knowledge, and skill in their care for patients. During the ceremony, 161 first-year students participated in the symbolic transfer of light from senior nursing leaders, marking the passage of knowledge, values, and the essence of nursing, followed by the recitation of the Nightingale Pledge.



The Nursing Research Unit, SRFoN organized a Manuscript Writing Boot camp on 21st & 22nd August 2024. The workshop covered key areas such as the importance of scientific publications, reporting guidelines, selecting quality journals, plagiarism, publication ethics, manuscript preparation, software tools for writing, reference management, author submission guidelines, and strategies for handling rejection. Following the sessions, students received guidance from their research supervisor in preparing their manuscripts for journal submission. 12 M.Sc. Nursing and M.Sc. Nursing (NPCC) students benefited.



A Staff Development Program for nurses working in the 'G' block, led by the students of the M.Sc. Nursing II year batch (2022-2023). The program was themed 'Enhancing Communication Proficiency among Nurses' on 16th August 2024. The total beneficiaries were 94 (83 nurses, 10 M.Sc. (N) and 1 faculty).



The Depts. of Obstetrics and Gynecology Nursing, Community Health Nursing, and Paediatric Nursing, SRFoN, organized a state-level workshop on 'Empowering Leadership Through Mindfulness' sponsored by the Tamil Nadu Nurses and Midwives Council grant on 20th December 2024. The workshop featured a range of insightful sessions aimed at integrating mindfulness into leadership practices. The facilitators designed the interactive group activities to help participants apply mindfulness techniques in real-world scenarios. These sessions emphasized the importance of emotional intelligence, resilience, self-awareness, effective communication, and team building in fostering a supportive and productive work environment. 50 nurse managers representing 22 hospitals across Tamil Nadu and Puducherry participated.



The Nursing Education Unit of Sri Ramachandra Faculty of Nursing, in collaboration with GITAM Institute of Nursing, Visakhapatnam organised a two-day faculty development program at Visakhapatnam on 17th & 18th May'2024. The program aimed to implement the revised Indian Nursing Council (INC) Curriculum effectively. Prof. Dr.S.J.Nalini, Principal and Prof.Dr.A.Seethalakshmi were the resource person. Each session was interactive featuring workshops and Q&A sessions. 31 faculty members from various colleges benefitted.



INTERNATIONAL PAPER PRESENTATION

Four faculty members from Sri Ramachandra Faculty of Nursing participated and presented papers (oral) at the World Nursing and Health care Summit 2024 from 23rd to 25th September'2024 held at Village Hotel, Changi, Singapore.

The details are as under

Name of the faculty member	Designation
Dr.G.J.Sara Saphrina	Assoc.Prof.
Dr.P.Vijayasamundeeswari	Assoc.Prof.
Dr.A.Manjula	Asst.Prof.
Mrs.S.Nalini	Asst.Prof



Prof. Dr.S.J.Nalini and Prof S.Rajeswari, Sri Ramachandra Faculty of Nursing participated and presented poster at the Australian Breastfeeding Lactation Research And Science Translation Conference (ABREAST CONFERENCE) Organized by the University of Western Australia Center for Human Lactation and Translation, Perth, Australia on 15th November'2024.



Ms. U. Urmila full time PhD scholar (2021 Batch) under the guide-ship of Dr.S.J.Nalini received Best Poster in Research domain on 8th December'2024 at Arab Nurses and Midwives 2024 Conference at Doha, Qatar.



INVITED RESOURCE PERSONS (OUTSIDE SRIHER)

National / International	Topic	Theme	Date	Organizer
Prof. Dr. S.J. Nalini, Principal				
National	OBE and its application of generative AI in health science education (Teaching and learning methods to attain learning outcomes)	National Conference on OBE	02.02.2024	MIMS CON, Kozhikode, Kerala
Regional	Are nurses prepared to tackle SDOH to achieve sustainable development goals?	Debate	02.02.2024	Omayal Achi CON
National	Strategies for improvement- Quality initiative in higher educational institution	Seminar	02.08.2024	Nitte-Usha Institute of Nursing Science, Mangalore
National	Implementation of revised INC syllabus	Faculty Development Programme	17.05.2024	GITAM college of nursing
National	Data extraction and quality assessment	National seminar Systematic review and meta-analysis - nursing perspectives	26.06.2024	Vinayaka Mission college of nursing
International	Exploring the boundless horizons of mixed methods research and Integrating insights advancing health care	International Conference on Mixed method research	02.08.2024	Yenepoya College of Nursing with TNAI- Karnataka collaboration (Mangalore)
Prof. Dr. S. Santhi, Vice Principal				
National	Adolescent Mental Health: The Bookmark.	HOPE : A Suicide free world.	24.01.2024	Meenakshi college of Nursing, Mangadu, Chennai.
National	E content Development	Faculty development programme	19.12.2024	Vinayaka Mission's Annapoorana college of nursing, Salem

National / International	Topic	Theme	Date	Organizer
Dr. Anita David, Professor & HOD, Paediatric Nursing				
National	BNCRP-New Born Care and Resuscitation Programme	First Golden Minute	20.09.2024	SRM Hospital, Chengalpattu, Tamil Nadu
National	Safeguarding the Preterm: Mastering the Art of Monitoring Stability	43 rd Annual Convention of National Neonatology Forum-NEOCON 2024	06.12.2024 - 08.12.2024	Kaladan Samudhra Mallapuram Chennai Tamil Nadu
Dr. A. Seethalakshmi, Professor & HOD, Nursing Foundation				
State	Leadership Excellence and Professionalism (LEAP) program	Resource person for the organized by the Tamil Nadu Nurses and Midwives Council (TNNMC) for nurses	30.04.2024 & 15.10.2024	Tamil Nadu Nurses and Midwives Council (TNNMC) for nurses
State	Implementation of revised B.Sc Nursing Curriculum	Faculty development program	17.05.2024 and 18.05.2024	GITAM institute of Nursing Visakhapatnam
State	Virtual reality in Health care – Visualize	Current Health scenario in nursing perspectives	29.10.2024	Sri Balaji College of Nursing
Dr. S. Rajeswari, Professor & HOD, Obstetrics and Gynaecology Nursing				
National	Globalization of nursing education- opportunities VS Challenges	Trends in Nursing force for global health-shaping strategies for comprehensive health care	09.02.2024	SRM College of Nursing, Chennai
National	Empowering comprehensive midwifery: role in health care education, practice, and research	empowering comprehensive midwifery: role in health care education, practice, and research	06.03.2024	Manikala Topawala institute of Nursing, Gujarat
Dr. S. Aruna, Professor & HOD, Community Health Nursing				
National	Workshop on unlocking Research Success: A Global Exploration of methodology marvel	Research Ethics-Good clinical practice	28.06.2024	East Coast Institute of Medical science
National	workshop on unlocking research success: A global exploration of methodology marvel	Research Ethics-Good clinical practice	02.07.2024	Sri Venkateswara University, Venkateswara Nursing College, Puducherry
Dr. A. Porkodi, Professor & HOD, Medical surgical Nursing				
International	Problem based learning	International Conference on Challenges And Opportunities in the Implementation of Competency Based Education	23.01.2024	Kasturba Gandhi Nursing College, Puducherry Campus and Nursing Education Unit, Shri Sathya Sai College of Nursing, Chennai Campus, SBV (DU)

National / International	Topic	Theme	Date	Organizer
Dr. Ramesh C, Associate Professor				
National	Challenges in implementing OBE in Nursing Curriculum	National Conference 2024 Outcome Based Education (OBE) And Application Of Generative AI In Health Science Education	02.02.2024	MIMS College of Nursing, Malappuram
National	An Outcome Focused Approach	Competency-based Nursing Education	04.02.2024	Kasturba Nursing College, Sevagram
National	Leading Innovation in Revamping Various Nursing Research Designs	National Conference	24.02.2024	Sum Nursing College (Faculty of Nursing) Siksha 'O' Anusandhan (Deemed to Be University)
International	Unlocking the power of Randomized Controlled Trails (RCTs): A Pathway of Evidence - Based Practice	Advancing research methodologies, innovations, challenges and future directions	27.07.2024	College of Nursing Sciences, Dayananda Sagar University, Bangalore.
National	From Concept of Publication: A Step - by- step guide to publishing your research paper	Continuing Nursing Professional Development (CNPD) Program	07.10.2024	Kailash Institute of Nursing and Paramedical Sciences, Uttar Pradesh
International	Introduction to Systematic Reviews and Meta- Analysis	Systematic Reviews and Meta- Analysis	30.10.2024	Medical Education Unit, College of Medicine and Health Sciences, National University of Science and Technology
National	Preparing Proposal For Mixed Method Research And Securing Fund	National Nursing Research Summit - 2024 Enhance Evidence Through Mixed Method Research	12.12.2024	KMCH College Of Nursing, Coimbatore – 48
Dr. R. Kavitha, Associate Professor				
Regional	How to handle manuscripts rejections	Faculty Development Programme	12.01.2024	Saveetha College of Nursing
Dr. A. Manjula, Assistant Professor				
Regional	Voice of Nurse from the diabetic foot clinic	Professional society event	14-11-2024	Faculty of Nursing, Dr.M.G.R Educational and Research Institute (DU)

AWARDS & RECOGNITION

Name of the faculty	Award	Date	Agency
Prof. Dr. S. J. Nalini Principal	Governing body council - External expert	18.04.2024	KMCH College of Nursing, Coimbatore
	External member (BOS-PG)	20.08.2024	Sri Devaraj Urs' Academy of Higher Education and Research
	Mentoring Excellence Award	11.09.2024	SRIHER (DU)
Prof. Dr. S. Santhi Vice Principal	Ad hoc inspector	10.09.2024	Tamil Nadu Nurses and Midwives Council (TNNMC)
	Ad hoc inspector	05.10.2024	Tamil Nadu Nurses and Midwives Council (TNNMC)
Dr. Anita David	Best Paper Award	29.09.2024	IAP-Medical Education Chapter- IAP-TNSC & IAP-CCB- 11 th National Conference of Paediatric Education-2024
Dr. A. Seethalakshmi	Thiru. Govinda Rao Award for Best research publication in nursing-2023 with impact factor of 3.5	20.09.2024	SRIHER (DU)
Dr. Ramesh C	FAIMER Fellowship	23.05.2024	PSG-FAIMER Regional Institute in India, A unit of International FAIMER Institute, Philadelphia
Mrs. Suguna Devi	E-Poster presentation - 1 st prize	25.10.2024	Infusion Nurses Society – India Kavery hospital, Vadapalani, Chennai.
Mrs. D. Geetha	Best Paper Award	29.09.2024	IAP-Medical Education Chapter

PAPER PRESENTATION

National / International	Topic	Theme	Date	Organizer
Prof. Dr. S.J. Nalini, Principal				
National	Heat stress and adverse pregnancy outcome: Prospective cohort	6 th National Nursing Conference-Nursing Insights for the future of healthcare	10.01.2024	Sri Ramachandra Faculty of Nursing, SRIHER (DU)
International	Impact of Video-Based Breastfeeding Education on Self-Care Competencies of Postnatal Women	ABREAST	15.11.2024	The University of Western Australia, Perth, Australia
Prof. Dr.S. Santhi, Vice Principal				
National	Assess the subjective well-being of parents caring for children with pervasive developmental disorders attending special school	6 th National Nursing Conference-Nursing Insights for the future of healthcare	10.01.2024	Sri Ramachandra Faculty of Nursing, SRIHER (DU)

National / International	Topic	Theme	Date	Organizer
Dr. Anita David				
National	Development and validate the Nursing care plan	6 th National Nurses Conference 2024 on Nursing Insight for the Future of Health Care	10.01.2024	Sri Ramachandra Faculty of Nursing, SRIHER (DU)
National	Web-Based and Blended Learning on Paediatric Basic Life Support on Competency among Undergraduate Nursing Students	Palliative Care in Medical Curriculum	27.09.2024-29.9.2024	IAP-Medical Education Chapter-IAP-TNSC & IAP-CCB-SRIHER(DU)
Prof. Dr. S. Rajeswari				
National	Novice nurses, Medication safety knowledge and practices: effectiveness of Inservice education programme	6 th National Nurses Conference 2024 on Nursing Insight for the Future of Health Care	10.01.2024	Sri Ramachandra Faculty of Nursing, SRIHER (DU)
International	Effect of Music Intervention on Breast Milk Volume and Stress Among Indian Preterm Mothers	ABREAST	15.11.2024	The University of Western Australia, Perth, Australia
Prof. Dr. A. Seethalakshmi				
National	Self-directed learning readiness among undergraduate nursing students.	6 th National Nurses Conference 2024 on Nursing Insight for the Future of Health Care	10.01.2024	Sri Ramachandra Faculty of Nursing, SRIHER (DU)
Dr. Ramesh C				
National	Professional Identity and Challenges Experienced by Undergraduate Nursing students- A Cross Sectional study	6 th National Nurses Conference 2024 on Nursing Insight for the Future of Health Care	10.01.2024	Sri Ramachandra Faculty of Nursing, SRIHER (DU)
International	Attitude and acceptance on electronic medical records among critical care nurses at a tertiary care hospital - A Cross-sectional study	Advancing research methodologies, innovations, challenges and future directions	27.07.2024	College of Nursing Sciences, Dayananda Sagar University, Bangalore
Dr. Manjula. A				
National	Student Attitudes And Perception towards The Integrations Of You tube Videos In Online And Hybrid Classes	6 th National Nurses Conference 2024 on Nursing Insight for the Future of Health Care	10.01.2024	Sri Ramachandra Faculty of Nursing, SRIHER (DU)
International	Non- weight -bearing exercise on diabetic foot ulcer healing , risk assessment and health related quality of life among patients with diabetic foot ulcer	5 th Edition World Nursing and Health care Summit-2024	23.09.2024 & 24.09.2024	Village Hotel Changi, Singapore

National / International	Topic	Theme	Date	Organizer
Dr. Kavitha R				
National	Primiparous perception of preparedness on self and infant care before discharge in private hospital in Malaysia	6 th National Nurses Conference 2024 on Nursing Insight for the Future of Health Care	10.01.2024	Sri Ramachandra Faculty of Nursing, SRIHER (DU)
Mrs. S. Nalini				
International	Effectiveness of Cognitive Behaviour Therapy on depression and anxiety among elderly residing at Old age homes	5 th Edition World Nursing and Health care Summit-2024	23.09.2024 & 24.09.2024	Village Hotel Changi, Singapore.
Dr. P. Vijayasamundeeswari				
National	Satisfaction with Breastfeeding among Mother of infants Attending Paediatric OPD	6 th National Nurses Conference 2024 on Nursing Insight for the Future of Health Care	23.09.2024 & 24.09.2024	Sri Ramachandra Faculty of Nursing, SRIHER (DU)
International	Effectiveness of autogenic training on biophysiological status, psychological distress and quality of life among mothers of children with intellectual developmental disability in selected special schools at Chennai	5 th Edition World Nursing and Health care Summit-2024	23.09.2024 & 24.09.2024	Village Hotel Changi, Singapore
Dr. Sara Sapharina				
International	Effectiveness of Nurse led caregiver empowerment program on stress, coping and quality of life among caregivers of patients with schizophrenia	5 th Edition World Nursing and Health care Summit-2024	23.09.2024 & 24.09.2024	Village Hotel Changi, Singapore
Ms. Geetha .D				
National	Development and Validate the Nursing Care Plan Performa	6 th National Nurses Conference 2024 on Nursing Insight for the Future of Health Care	10.01.2024	Sri Ramachandra Faculty of Nursing, SRIHER (DU)
National	Perception on Artificial Intelligence in Education and Healthcare among Medical University Students: A Cross-Sectional Study	Leadership in Nursing: Inspiring Vision, Driving Change	06.12.2024 & 07.12.2024	Trained Nurses Association of India
National	Perception of Artificial Intelligence on Education among University Students	11 th National Conference on Paediatric Education	27.09.2024-29.09.2024	Sri Ramachandra Faculty of Nursing, SRIHER (DU)
Ms. Karthika Devi .M				
National	Digital addiction and its association with cognitive function among children	Leadership in Nursing: Inspiring Vision, Driving Change	06.12.2024 & 07.12.2024	Trained Nurses Association of India

National / International	Topic	Theme	Date	Organizer
Mrs. Joan Freeda honey				
National	A Co-relational Comparative Study on Quality of Sleep among Type 2 Diabetes Patients with Controlled and Uncontrolled Blood Sugar	6 th National Nurses Conference 2024 on Nursing Insight for the Future of Health Care	10.01.2024	Sri Ramachandra Faculty of Nursing, SRIHER (DU)
National	Transforming Health Care: Expanding The Research Horizon in Nursing	28 th Annual conference of nurse research society for innovations.	28.11.2024	College Of Nursing, Christian Medical College, Vellore
Mrs. S. Vinovani				
National	A study to assess the knowledge and attitude on self-management of type 2 Diabetes Mellitus among adult population residing at rural community, Mugalivakkam, Chennai	6 th National Nurses Conference 2024 on Nursing Insight for the Future of Health Care	10.01.2024	Sri Ramachandra Faculty of Nursing, SRIHER (DU)
National	Assessment of knowledge, Attitude, and practice towards precautions of insulin storage during travel among caregivers of type 1 DM	Continuing Medical Education	22.09.2024	Kauvery Hospital, Trichy
Mrs. Suguna Devi				
National	E – Poster presentation	Infusion Nurses Society - India	25.10.2024	Kavery hospital, Vadapalani, Chennai
Mrs. Delvi				
Regional	Non - Narcotics pain Management using pens device	Innovation in clinical nursing - A Road map for future	8.11.2024	Saveetha institute of medical and technical sciences
Ms. Suvitha .M				
Regional	A sensor-based science (RAD-Sensor) for evaluating 'lead' apron to mitigate radiation exposure	Innovation in clinical nursing - A Road map for future	8.11.2024	Saveetha institute of medical and technical sciences
Ms. Jayashiney .T.N				
Regional	E-Poster on Peripheral IV Therapy practices-Clinical Outcomes, INS Tamilnadu Skillathon	Infusion Nursing Standards: Beyond Excellence	25.10.2024	Kavery Hospital, Vadapalani, Chennai
Ms. B. Sangavi				
National	Effectiveness of video-based discharge education among postnatal women	6 th National Nurses Conference 2024 on Nursing Insight for the Future of Health Care	10.01.2024	Sri Ramachandra Faculty of Nursing, SRIHER (DU)

National / International	Topic	Theme	Date	Organizer
Mrs. R. Jayapriya				
National	Effectiveness of Progressive Muscle Relaxation on depression among elderly patients	6 th National Nurses Conference 2024 on Nursing Insight for the Future of Health Care	10.01.2024	Sri Ramachandra Faculty of Nursing, SRIHER (DU)

PUBLICATIONS

1. Elavally, S., Rohini, A. M., Annamalai, M., Avudaiappan, S., Jagadeesh, N. S., & Thankamani, V. K. (2024). Feasibility and effectiveness of objective structured clinical examination in Indian Collegiate Nursing Programme. *International Journal of Nursing Education and Research*, 12(1), 27-32. DOI: 10.52711/2454-2660.2024.00006.
2. Hawkes, J. C., Singaravelu, R., Jagadeesh, N. S., Ramanathan, K., & Subramaniyan, S. (2024). Snoezelen therapy for pain, labor outcome and maternal satisfaction among parturient at tertiary hospital, South India. *Clinical Epidemiology and Global Health*, 27, 101601. <https://doi.org/10.1016/j.cegh.2024.101601>.
3. Hilal, N. I., Santhi, S., & Nirmala, V., Rani, A. E. (2024). Effectiveness of heat application on gastric variables among patients with nasogastric tube feeding admitted in the intensive care units at a selected hospital: A randomized control trial. *Cureus*, 16(6), 1-9. DOI: 10.7759/cureus.61490.
4. Arockia Selvi, A., Hema, V. H., & Santhi, S. (2024). An exploratory analysis assessing the efficacy of reading intervention and their correlation with the self-esteem levels among children with specific learning disabilities (SLD). *Community Practitioner*, 21(4), 742-748.
5. Aseela, S., Santhi, S., Anish, T. S., & Mahadevan, S. (2024). Diabetes self-efficacy on glycemic control and well-being of patients with type 2 diabetes mellitus: An analytical cross-sectional study. *Cureus*, 16(7), 1-11. PMID: PMC11301613 DOI: 10.7759/cureus.64005.
6. Aravindakshan, S. S., David, A., Athirarani, M. R., Geetha, S., & Agarwal, P. (2024). Impact of COVID-19 lockdown on sedentary behaviour and changes in weight in children – A systematic review. *Journal of Nepal Paediatric Society*, 111-118. DOI:10.60086/jnps519.
7. Chakravarthy, D., Sankaranarayanan, S., David, A., & Nirmala, V. (2024). Evaluating the effectiveness of a comprehensive intervention package on the quality of life of children with asthma. *Cureus*, 16(12), 112. PMID: PMC11747847 DOI: 10.7759/cureus.76135.
8. Aravindakshan, S. S., David, A., Saradakutty, G., & Agarwal, P. (2024). Prevalence of metabolic syndrome and its associated risk factors among schoolchildren aged 11-13 years living in Thiruvananthapuram District, Kerala, India: A nested case-control study. *Cureus*, 16(11), 215. PMID: PMC11616732 DOI: 10.7759/cureus.72994.
9. Xavier, B., Vaithilingan, S., Avudaiappan, S., Periasamy, P., Vaithilingan Sr, S., & Avudaiappan, S. L. (2024). The Impact of an Early Mobility Protocol on Recovery Outcomes in Patients Undergoing Abdominal Surgeries. *Cureus*, 16(12). <https://doi.org/10.7759/cureus.75980>

10. Koshy, B., Avudaiappan, S. L., & Anand, A. S. (2024). Efficacy of Early Health Intervention Programs on Adverse Effects of Chemotherapy Among Women With Breast Cancer: A Randomized Controlled Trial. *Cureus*, 16(7).<https://doi.org/10.7759/cureus.63604>
11. Avudaiappan, S. L., Govindaraj, S., Poomalai, G., & Mani, S. (2024). Effectiveness of Earplugs and Eye Masks on Sleep Quality and Fatigue Among Nonventilated Patients in an Intensive Care Unit. *Cureus*, 16(7).<https://doi.org/10.7759/cureus.63628>.
12. Ilangovan, P., Subramaniam, A., Vembu, R., & Selvi, S. (2024). Development and nutritional and sensory evaluation of ragi, bajra, and white soybean incorporated adai: Traditional South Indian food for pregnant women with micronutrient deficiency. *International Journal of Nutrition, Pharmacology, Neurological Diseases*, 14(1), 84-91. DOI: 10.4103/ijn-pnd.ijnpnd_75_23.
13. Mahalakshmi, B., Sithara Begum, K., Aruna, S., Ramani, G., Malarkodi, M., Anuradha, M., & Siva Subramanian, N. (2024). Knowledge on birth control pills among married rural Indian women. *Bioinformation*, 20(9), 1026–1029. doi: 10.6026/9732063002001026.
14. Mathew, S. K., Aruna, S., Vasudevan, R. C., Visweswaran, V., Arjunan, P., Panachingal, B., & Jyothi, M. (2024). Integrating family involvement in neuro-intensive care: A pathway to enhanced family satisfaction in traumatic brain injury (TBI) management. *Cureus*, 16(11), 29. DOI: 10.7759/cureus.74748.
15. Kiruba, A., Subramaniam, A., Santhanasamy, P. J., Thirunavukkarasu, V., & Ashok, S. (2024). The impact of a life skill training program on bio-psycho-social parameters among adolescent girls. *African Journal of Biomedical Research*, 27, 18. <https://doi.org/10.53555/AJBR.v27i3.3244>.
16. Sujith, P., Arjunan, P., Iype, T., & Natarajan, V. (2024). Correlation between depression and quality of life among patients with Parkinson's disease: An analytical cross-sectional study. *Cureus*, 16(2).PMCID: PMC10960943 DOI: 10.7759/cureus.54736.
17. Duraivelu, G., Arjunan, P., Ramanathan, K., Subramanian, S. S., Annamalai, M., & Ramalingam, P. (2024). Effectiveness of nursing strategies on risk for pneumonia among patients connected to mechanical ventilator in intensive care unit. *International Journal of Experimental Research and Review*, 38, 164–172. <https://doi.org/10.52756/ijerr.2024.v38.015>.
18. Arjunan, P., Annamalai, M., Subramaniam, A., & Arulappan, J. (2024). Physical activity, functional status, and quality of life among older adults in India. *SAGE Open Nursing*, 10, 2377960824129038. PMCID: PMC11481070 DOI: 10.1177/23779608241290384.
19. Martis, C. S., Bhandary, R. P., Chandrababu, R., Lakshmi, R. V., Bhandary, P. V., Noronha, J. A., ... & Devi, E. S. (2024). Caring burden and quality of life among the caregivers of people living with dementia – A cross-sectional study in Udupi district of Karnataka. *Home Health Care Services Quarterly*, 43(3), 191–204. PMID: 38190733 DOI: 10.1080/01621424.2023.2301417.
20. Martis, C. S., Chandrababu, R., Vani Lakshmi, R., Bhandary, R. P., Tolson, D., Bhandary, P. V., & Devi, E. S. (2024). Caregivers' awareness regarding the care of dementia and the coping strategies among the caregivers of people with dementia: a cross-sectional study in Udupi District, Karnataka. *Frontiers of Nursing*, 11(4), 447-455. <https://doi.org/10.2478/fon-2024-0049>.

21. Ramalingam, P., Sumathi, M., Sundareswari, R., Arjunan, P., Ramanathan, K., Subramanian, S. S., & Alhalaiqa, F. (2024). A study to assess the level of soft skill practices among nursing students in selected colleges. *International Journal of Experimental Research and Review*, 42, 210–215. <https://doi.org/10.52756/ijerr.2024.v42.018>.
22. Santhakumari, A., Annamalai, M., Arjunan, P., & Venka, A. A. (2024). Impact of time optimization intervention on work execution and burnout among nurses working at intensive care unit. *Salud, Ciencia y Tecnologia*, 4, 1115. DOI:10.56294/saludcyt20241115.
23. S.B., Annamalai, M., Arjunan, P., C., K., & Ramanathan, K. (2024). Effectiveness of capacity building programme on competency of electrocardiogram (ECG) interpretation among critical care nurses. *International Journal of Experimental Research and Review*, 42, 60–67. DOI: <https://doi.org/10.52756/ijerr.2024.v42.006>.
24. Sara Sapharina, G. J., Nalini, S., & Vijayasamundeeswari, P. (2024). Assess the attitude towards mental illness among nurses working in selected tertiary care. *International Journal of Experimental Research and Review*, 37(1), 61–67. <https://doi.org/10.52756/ijerr.2024.v37spl.005>.
25. Sundararajan V, Devi C, Jayalakshmi R, Chockkalingam U, Sumathi M. Effectiveness Of Ice Application At Selected Acupoint (Li-4) Prior To Intramuscular Injection On Level Of Pain Among Children In a Selected Hospital, Chennai, Tamil Nadu, India. *Georgian Medical News*. 2024 Jan(346):21-26. PMID: 38501616.
26. Poomalai, G., Prabhakar, S., Nalini, S., & Jayaraman, V. (2024). Efficacy of visual tracking exercises among stroke survivors. *African Journal of Biomedical Research*, 27(4s), 1066–1075. <https://doi.org/10.53555/AJBR.v27i4S.3752>.
27. Palayan, S., Mariappan, K. D., Ramanathan, K., Subramanian, S. S., Alhalaiqa, F., Alahmadi, G. G., & Mustafa, S. (2024). Effectiveness of an information booklet on the awareness of antimicrobial resistance (AMR) among health care professionals in a selected primary care hospital. *Journal of Experimental Research and Review*, 176. <https://doi.org/10.52756/ijerr.2024.v40spl.014>.
28. Tamilselvi, N., & Parameshwari, S. (2024). A study to evaluate the effectiveness of ventilator bundle on prevention of ventilator-associated pneumonia among patients with mechanical ventilator at selected hospitals, Perambalur. *Nano-technology Perceptions*, 20(6). <https://doi.org/10.62441/nano-ntp.vi.3728>.

EXTRAMURAL PROJECTS/GRANTS WITH TITLE OF THE PROJECT

1. Prof. Dr. Ramesh C received a ₹60 lakh grant from the Department of Health Research, Govt. of India for establishing a Technical Resource Centre, Centre for Evidence Based Guidelines at SRIHER and an additional grant of ₹6 lakh for conducting Workshop on Systematic Reviews and Networking Support in Health from the Indian Council of Medical Research.
2. Effectiveness of Family Integrated Lactation Management (FILM) on Breast milk Feeding Outcomes among Preterm Babies by Dr. S.J.Nalini, Ms. Urmila. U, Dr. Prakash A, Dr. S. Shuba, Dr. M. Ganesh, Dr. Sheila K Pillai, Dr. A. J. Hemamalini, Funded by Department of Health for an amount of RS 45,41,628
3. Prof. Dr. Santhi has received Tamil Nadu Nurses and Midwives Council Research grant of Rs 49,000/- for the project titled "Assessment of occupational stress and its salivary cortisol and resilience among nurses working in tertiary care hospital" on July, 2024.
4. Dr. Sara Sapharina, Dr. Manjula, and Mrs. Selma Thomas received ₹75,000 research grant from TNAI for the project titled "Effect of baropodometric assisted gait modification on musculoskeletal ailments, Gait and quality of life among nurses"

COPYRIGHTS

- Dr. S. Rajeswari, Dr. S. J. Nalini and Amithamol Philip: Cinematograph film works educational video on child birth process, which describes labour pain, helps understand preprocedure, identify various stages of labour pain and care to be taken at each stage of labour.
- Dr. Aruna, Mrs. Pratheesha : copy right no: L-148042/2024 on "Paramapadham – Mini Flash Card Game"
- Dr. Ramesh C received a copyright (L-148055/2024) on "Self-Care Booklet: A Practical Home Care Guide To Recover After Coronary Artery Bypass Graft Surgery" May, 2024.
- Dr. Manjula. A, Dr.A.Porkodi, Ms.Jenifa, received a copyright (L-155576/2024) on "Foot Massage For Chemotherapy Patients" October, 2024.
- Dr. Sara Sapharina G.J, Prof. Dr. S. Santhi & Ms. Stephanie Sherry Joseph, received a copyright (CF-5829/2024) on "A video on stress inoculation training: A guide for caregivers of patients with Alcohol dependence syndrome" December, 2024.

SUMMER RESEARCH FELLOWSHIP

- 1.Ms. Haritha G. B.Sc. Nursing, IV year, Sri Ramachandra Faculty of Nursing under the guidance of Mrs. S. Nalini, Assistant Professor has been selected for the Chancellor's Summer Research Fellowship Grant in the year 2023-24 titled "Student experience and Perception of ChatGPT and Artificial Intelligence".
2. Ms. Sowbikya Malini and Ms. Sujitha, B.Sc. Nursing students, Sri Ramachandra Faculty of Nursing under the guidance of Dr. P. Vijayasamundeeswari, Associate Professor have been selected for the Chancellor's Summer Research Fellowship Grant in the year 2023-24 titled "To assess the medication adherence, inhaler technique and quality of life among the children with asthma at the selected hospital, Porur, Chennai."
3. Mr. Balamurali M. and Mr. Srikanth L., B.Sc. Nursing students, Sri Ramachandra Faculty of Nursing under the guidance of Mrs. Geetha D., Assistant Professor have been selected for the Chancellor's Summer Research Fellowship Grant in the year 2023-24 titled "A Cross-Sectional Study on Perception and Behaviour among Street Vendors concerning excessive heat in selected districts in Tamil Nadu."
4. Ms. Sherin Paul J., B.Sc. Nursing student, Sri Ramachandra Faculty of Nursing under the guidance of Dr. Ramesh C., Professor has been selected for the Chancellor's Summer Research Fellowship Grant in the year 2024-25 titled "Impact of Social Media Usage on Academic Performance and Sleep Quality Among Health Science Students."
5. Mr. Rohit, B.Sc. Nursing student, Sri Ramachandra Faculty of Nursing under the guidance of Dr. Manjula A., Assoc. Professor has been selected for the Chancellor's Summer Research Fellowship Grant in the year 2024-25 titled "Health Empowerment Interventions for Stroke Self-Management on Self-Efficacy Among Stroke Survivors."

PATENT

- 1.Dr. Aruna : copy right no:B16RTO on " Food Plate"
2. Dr. Shobha Gaikwad, Ramavatar Singh Tyagi, Dr. R. Poongodi, Kaliyamoorthy Rajeswari,Jyotashri Shrikrishna Atre, R. Revanth, Bhumika Singh, Dr. Jyoti Judah, Dr. Joel Patric Lal, Dr. Narayan Krishnaji Ghorpade: copy right no: 430235-001 on " symptoms detecting and resporting device"

ROUND UP HIGHLIGHTS OF THE DEPARTMENT

DEPARTMENT OF NURSING FOUNDATION

Dept. of Nursing Foundation, SRFoN, organised patient safety awareness week from 12th to 15th March with the theme 'Safer Together'. The patient safety team highlighted the safety precautions based on International Patient Safety Goals (IPSG) I-VI, followed by sensitization of these safety measures to the patient and families done by B.Sc (Nursing) I Year students. 300 inpatients, 100 outpatients and 160 UG students benefitted.



Dept. of Nursing Foundation, SRFoN organised Induction Program for the students admitted for B.Sc. Nursing I Year (2024- 2025) Batch from 16.07.2024 to 19.07.2024. The Program focused on orientation, communication, health and wellness, innovation and entrepreneurship in healthcare and mentoring. 154 students were benefitted.



DEPARTMENT OF MEDICAL SURGICAL NURSING

Dept. of Medical Surgical Nursing, SRFoN, & Dept. of Environmental Health Engineering, Sri Ramachandra Faculty of Public Health, in collaboration with the Industrial Waste Management Association, organised a health screening and awareness camp in observance of 'World day for Safety and Health at Work' with the theme 'Exploring the impacts of climate change on occupational safety and health' on 11th May at Re Sustainability Industrial Waste Management Solutions Ltd, Gummidipoondi. Mr. K.Baskaran, Chairman, Industrial Waste Management Association, Tamil Nadu inaugurated the event. The health screening for the employees included assessments of body mass index, waist-to-hip ratio, capillary blood glucose monitoring, blood pressure, peak expiratory flow rate, urine specific gravity, and body core temperature. Following the screening, one-to-one counselling sessions were provided. Students from various programmes, including B.Sc. Nursing (Basic), B.Sc. Public Health and M.Sc. NPCC, actively participated in the event. 100 employees benefitted.



Dept. of Medical Surgical Nursing in collaboration with Sri Ramachandra hospital organized 'Skill based basic life support training (In House)' on 19th July at Sri Ramachandra Hospital. The Tamil Nadu Nurses and midwives council awarded ten credit hours. Basic life support is a necessary competence for license renewal. 46 Nursing faculties and staff nurses were benefitted.



Dept. of Medical Surgical Nursing, SRFoN and the Dept. of Endocrinology, SRMC & RI observed World Diabetes Day 2024 on 15th November with the theme 'Diabetes & Wellbeing' at Sri Ramachandra Hospital, Porur, Chennai. Dr. Janani Dakshina Moorthy, Founder – GeneAura Pvt Ltd, Chennai delivered a session on T2D and PCOS. The video and pamphlet making competition on diabetes well-being was conducted and prizes were distributed for B.Sc Nursing students and they participated in skit and food display on the theme. A total 210 audience were benefitted including the patients and relatives.



DEPARTMENT OF PAEDIATRIC NURSING

Dept. of Paediatric Nursing, SRFoN, observed National Deworming Day- 2024 focusing on the theme 'Together we can deworm our future' at Government Adidraavidar Welfare Higher Secondary School, Kolapenchery, Tiruvallur District, on 13th February. The event showcased thematic dance, posters, drama, video, handouts and quizzes by B.Sc. Nursing (Basic) III year & M.Sc. (Nursing) students. 109 school children benefitted.



Dept. of Paediatric Nursing, SRFoN and Dept. of Paediatric medicine organized world immunization week celebration with the theme 'Immunization for all-Humanly Possible' on 8th May. III year B.Sc Nursing (Basic) students presented posters and the event also included dance, skit, song and quiz. 60 parents benefitted.



Dept. of Paediatric Nursing observed World Breastfeeding Week 2024 at the Paediatric OPD on 2nd August, with the theme 'Closing the Gap: Breastfeeding Support for All.' The event intended to raise awareness about the importance of breastfeeding among the public. The B.Sc. Nursing III year students performed a theme-oriented role play, song, and dance. A quiz was conducted for the public at the end, prizes awarded to mothers. 81 parents, children, students and faculty members were benefitted.



DEPARTMENT OF PSYCHIATRIC NURSING



Dept. of Psychiatric Nursing, SRFoN Participated in the 6th International Nursing Students Round table themed 'Nursing Students Perspectives on Healthcare Policy and Patient Advocacy: Sharing Our Voices' on 22nd October between 6.30 p.m.- 9.30 p.m. Participants included representatives from Argentina, Colombia, India, Mexico, Peru and the USA. A total of 96 participants benefitted, including 25 students and five faculty members from SRFoN.

Dept. of Psychiatric Nursing, SRFoN observed World Mental Health Day with a series of events themed "It is Time to Prioritize Mental Health in the Workplace" on 10th, 18th, and 28th of October at G-Block (Ground Floor), SRH, RHTC Vayalanallur, and Sri Ramachandra Faculty of Nursing. The celebrations featured awareness sessions, interactive discussions, and activities aimed at promoting workplace mental well-being. Mrs. Lakshmi Subramanian, Executive Director, Global Adjustments Foundation, Chennai, delivered an inspiring session on Stress Management for Work-Life Integration. A total of 199 patients, 30 nursing students, 7 clinical psychology students, 4 social work students, 22 nurses, and 85 faculty members benefitted.



DEPARTMENT OF OBSTETRICS AND GYNAECOLOGY NURSING

Dept. of Obstetrics and Gynaecology Nursing, SRFoN, organised a Career Development Course focusing on quality indicators of nursing practice, namely infection control protocols, medication safety, fall prevention, intravenous therapy, basic life support training, and professional ethics through simulation exercises at Sri Ramachandra Faculty of Nursing from 08th to 12th Feb between 8.00 a.m. to 4.00 p.m. 105 B.Sc. Nursing (Basic) IV-year and M.Sc. Nursing (Nurse Practitioner in Critical Care) students were benefitted.



Dept. Of Obstetrics and Gynaecology Nursing, SRFoN, observed International Women's Day with the theme 'inspire inclusion' on 8th March at Antenatal Out Patient Department. The B. Sc. Nursing (Basic) IV year and B. Sc. Nursing (Post Basic) I year students performed theme-based mime, dance, and song. Dr. Shruthi Prashanth, Assistant Professor, Obstetrics and Gynaecology department and team, explained about menstrual cup. Quiz was conducted to antenatal mothers. 51 antenatal mothers benefitted.



Dept. of Obstetrics and Gynaecology Nursing, SRFoN organised a symposium on 'The Economic Power of Care: Changing Dynamics of a Professional Nurse' as part of Career Orientation Program – focusing on the Empowerment of Nurses in Leadership skills and strengthening economic development on 14th May. 110 outgoing batch of nursing students and 128 staff nurses from Sri Ramachandra Hospital 'G' Block and Sri Ramachandra Medical Centre benefitted.



Dept. of Obstetrics and Gynaecology Nursing, SRFoN along with Department of Obstetrics & Gynaecology and Department of Radiology and Imaging Sciences organised a menstrual Hygiene camp on 17th May at Sri Arunodayam girls Home for Mentally Challenged Children, Ambatore, Chennai. 25 Adolescent girls were screened for menstrual health, reproductive tract, and urinary tract infection. An ultrasonogram was performed for the needy. Health education on menstrual hygiene was imparted to all adolescent girls.



Dept. of Obstetrics and Gynaecology Nursing, SRFoN, conducted a workshop titled 'Fortifying Skill Proficiency for Novice Nurses' as part of an in-service education program on 19th July. The event focused on basic nursing procedures to enhance skill competency. Teaching responsibilities were undertaken by students from the B.Sc. Nursing (Basic) IV year and B.Sc. Nursing (Post Basic) II year programs. 120 student nurses and 30 novice nurses benefitted from the workshop.



Depts. of Obstetrics and Gynaecology Nursing and Community Health Nursing, SRFoN, organized a Career Orientation Programme on 7th August. The sessions covered licensing and registration, placement opportunities, TNAI orientation, and professional etiquette. Mrs. Kanmani Thivya Mahesh, Counselling Psychologist and Soft Skills Trainer, conducted an interactive session on Personality Development as part of a Barclay-sponsored CSR initiative. Mr. Neslyn Johnson, CEO, Ebek Language Laboratories Pvt. Ltd., addressed the participants on Healthcare English for Global Opportunities. A total of 119 students benefited from the programme, including 99 IV-year B.Sc. Nursing (Basic), 9 II-year B.Sc. Nursing (Post-Basic), 9 II-year M.Sc. Nursing, and 2 II-year M.Sc. Nursing (NPCC) students.



Dept. of Obstetrics and Gynaecology Nursing, SRFoN observed World Breast Feeding week focusing the theme 'Closing the gap: Breastfeeding support for all' by creating awareness through various activities such as thematic song, dance, health education on breast feeding position, techniques using simulators and postnatal diet on successful breast feeding practices by B.Sc. (N) IV and M.Sc. (N) I year students respectively at antenatal OPD and postnatal ward on 3rd August. 75 mothers benefitted.



DEPARTMENT OF COMMUNITY HEALTH NURSING

Dept. of Community Health Nursing, SRFoN hosted a cancer awareness program themed 'Close the Care Gap' on 6th March at Dakshina Chitra Heritage Museum, Chennai. Activities included a mime highlighting cancer warning signs and prevention, an awareness rally with slogans on cancer causes, and Breast Self Examination demonstrations. 300 school students, 200 college students, 76 women, 44 men, and 12 museum workers benefitted.



Dept. of Community Health Nursing, SRFoN observed World Health Day with the theme 'My Health, My Right' by conducting an awareness program on visual education for health promotion at panchayat union middle school, Vayalanallur on 8th April. The event aimed to educate students about the importance of maintaining good health utilizing e-health resources, a group health education session provided valuable insights into promoting a healthy lifestyle. The interactive session included demonstrations of yoga, highlighting their benefits for overall well-being, with prizes awarded to participants. 70 students benefitted.



Dept. of Community Health Nursing, SRFoN organised a heat stress prevention awareness program for brick chambers residents in Kolappanchery, Thiruvallur District on 9th May. IV year B.Sc. Nursing (Basic) students performed skits demonstrating appropriate first-aid measures for managing heat-related emergencies. To promote the message on 'Load up on local goodies! Opt for fresh, seasonal produce from local farmers to combat heat stress and support the community,' students distributed watermelon, cucumber, and buttermilk to the attendees. 50 workers were benefitted.



Dept. of Community Health Nursing, SRFoN observed World Environment Day on 25th June, aligning with the global theme 'Land Restoration, Desertification, and Drought Resilience'. The event aimed to raise awareness about soil erosion, land restoration, and the importance of environmental stewardship. A planting activity was organised to prevent soil erosion. Additionally, a picket park was constructed in Vayalanallur village to enhance community awareness and encourage local environmental improvement. Students of B.Sc. Nursing Basic IV year received hands-on training in identifying medicinal plants through a nature scavenger hunt. 34 students, two faculty members, and 60 members of the general public benefitted from the event.



Dept. of Community Health Nursing, SRFoN in collaboration with PHC-Nemam and Paediatric Medicine observed World Breastfeeding Week on 6th August aligning with the global theme of 'Closing the Gap – Breastfeeding Support for All.' The event featured video-assisted teaching on the physiology of lactation, role play on connecting people around the mother for effective breastfeeding support, and 'e' health teaching on the importance and techniques of initiating breastfeeding. 30 antenatal mothers benefitted.



Dept. of Community Health Nursing, SRFoN organized awareness programme in lieu of World Diabetic Day with theme 'Breaking Barriers, Bridging Gaps', addressing existing mental health issues among diabetic patients on 22nd November at Nemam and Voyalanallur, Tiruvallur District. The target group of this event was the unskilled workers who works under the scheme of Mahatma Gandhi National Rural Employment Guarantee Scheme (MGNREGS). 67 unskilled workers (100 days workers) benefitted. Two faculty members and 47 B.Sc Nursing students involved in this event.



Dept. of Community Health Nursing, SRFoN observed National Pollution Prevention Day at Samutayakoodum at Amudurmedu village on 10th Dec. Awareness was created on pollution prevention, nature protection, and control measures through role play and puppet show by B.Sc Nursing students. 58 women benefitted.



INTERNATIONAL NURSES DAY 12TH MAY 2024



The integrated nursing unit of service and education celebrated International Nurses Day on 15th May with the theme 'Our Nurses. Our Future: The Economic Power of Care' Prof. Dr. K. Govindaraj, Chairman, Dr. G. Viswanathan Group of Hospitals, graced the occasion as the Chief Guest. Various competitions, debates, sports, and cultural events were organized as part of the celebrations. Prizes were distributed to the winners, and around 2000 nurses benefitted from the event.

INTERNAL CNE PROGRAMS

Date	Theme	Topic	Faculty
27.03.2024 24.04.2024 to 26.04.2024	Induction for ANS	Ethical issues and challenges in faced in nursing	Dr. Anita David Professor
		Supervisory and leadership skills	Dr. A. Seethalakshmi Professor Dr. A.Porkodi Professor
		Time and energy management	Mrs. G. J. Sara Sapharina Lecturer
		Maintaining nursing logistics	Dr. S. Rajeswari Professor
		Problem solving	Dr. A. Manjula Asst. Professor
		Decision making	Dr. Kavitha. R Assoc. Professor
		Motivating and encouraging employees	Mrs. D. Geetha Lecturer
		Dealing with changing environment in health sector	Mrs. S. Nalini Lecturer
		Leading innovation in nursing	Dr. Ramesh. C Assoc. Professor
		Healthy nurse for a healthy society	Mrs. P. Geetha Lecturer
		Teaching and mentoring skills of a nurses leader	Mrs. P. Vijayasamundeeswari Lecturer
16.04.2024	Surgical CNE- Achalasia Explained:Swallowing the facts	Diagnosis and management of Achalasia	Dr. A. Manjula Asst. Professor

Date	Theme	Topic	Faculty
06.08.2024 & 07.08.2024	Neonatal CNE-Closing the Gap- Breast feeding Support for All	Breast feeding & Technology- Newer Trends	Ms.K.Jyothi Lecturer
		Mother's experiences & Partners' Support	Dr.Anita David Professor
		Culturally congruent breast feeding practice and cultural competency of Nurses	Ms.Urmila Asst. Professor
		Explore the impact of Breast feeding in family dynamics	Ms.Sangavi Lecturer
03.09.2024 & 04.09.2024	Derm CNE- Revolutionizing Skin Care through Advances in Dermatology & Cosmetology	Assessment of Integument	Dr. A. Seethalakshmi Professor
		Management & Nursing care of Skin infections -Fungal	Dr.C.Ramesh Professor
		Management & Nursing care of Skin infections -Parasites	Dr. A. Manjula Assoc. Professor
		Management & Nursing care of Skin infections -Viral	Mrs.P.Sasikala Lecturer
24.09.2024 - 26.09.2024	Quality CNE-Strategies for fostering a culture that prioritize patient safety and enhancing quality care	Introduction to Pressure Injury: Etiology & Risk Factors	Mrs.P.Geetha Asst. Professor
		Patient Safety in Health Care: Strategies, Challenges and best practices in Patient Care	Dr. S. Rajeswari Professor
17.10.2024 & 18.10.2024	Hospital Infection Control Committee- Moving the Needle on Infection Prevention	Isolation Protocols and Transmission based Precautions	Mrs. Joan Freeda Honey Lecturer
		Current trends in Infection Control Protocols	Ms. Komathi.B Lecturer
		Outbreak management and response in Healthcare settings and community	Dr. Aruna.S Professor
18.11.2024 & 19.11.2024	ENT CNE- A Journey through ENT Nursing: Skill, Strength and Sensitivity	Giddiness Galore	Mrs.P.Sasikala Lecturer
		"Broken Nose Basics" – Nasal Bone & Septal Fracture Care	Mrs. P. Geetha Asst. Professor

STUDENTS CORNER

SCHOLARSHIPS

- 1.18 undergraduate nursing students received Rs. 50000 Founder chancellor merit cum means Scholarship.
2. 5 undergraduate nursing students received Rs. 50000 FORSTU -Implementation Partner for the Udaan Scholarship Program, a CSR initiative by TransUnion CIBIL Ltd. and Egghead Foundation.
3. 14 Post Basic B.Sc Nursing and 4 M.Sc Nursing students received Chancellor's sponsorship for higher studies, with full or partial fee concession along with a stipend.

Name	Course / Department / Year of study	Scholarship type	Amount awarded
FORSTU (Implementation Partner for the Udaan Scholarship Program), a CSR initiative by TransUnion CIBIL Ltd. and Egghead Foundation			
Ms. Agilandeswari	B.Sc. Nursing (Post Basic) II year	Government	Rs. 50000
Ms. Ramya	B.Sc. Nursing (Post Basic) II year	Government	Rs. 50000
Ms. Ranjani.T	B.Sc. Nursing (Post Basic) II year	Government	Rs. 50000
Ms. Kalaivani.S	B.Sc. Nursing (Post Basic) II year	Government	Rs. 50000
Ms. Monisha	B.Sc. Nursing (Basic) IV year	Government	Rs. 50000
Founder chancellor merit cum means scholarship			
Ms. Maria Amelia Joseph	B.Sc. Nursing (Basic) IV year	Private	Rs. 50000
Ms. Sheetal. A	B.Sc. Nursing (Basic)IV year	Private	Rs. 50000
Ms. Afreen Sultana .K	B.Sc. Nursing (Basic)IV year	Private	Rs. 50000
Ms. Pearlin Angel E	B.Sc. Nursing (Basic)IV year	Private	Rs. 50000
Ms. Supraja B	B.Sc. Nursing (Basic)IV year	Private	Rs. 50000
Ms. Kirthiga P.M	B.Sc. Nursing (Basic)IV year	Private	Rs. 50000
Ms. Tinumol Thomas	B.Sc. Nursing (Basic)IV year	Private	Rs. 50000
Ms. Mahalakshmi R	B.Sc. Nursing (Basic)IV year	Private	Rs. 50000
Ms. Srikanth. L	B.Sc. Nursing (Basic)IV year	Private	Rs. 50000
Mr. Shone Joe Sabu	B.Sc. Nursing (Basic)IV year	Private	Rs. 50000
Ms. Keerthiga S	B.Sc. Nursing (Basic)IV year	Private	Rs. 50000
Ms. Sherin Pau; J	B.Sc. (Nursing)III year	Private	Rs. 50000
Ms. Dhanuja .I	B.Sc. (Nursing)III year	Private	Rs. 50000
Ms. Swathi. E	B.Sc. (Nursing)III year	Private	Rs. 50000
Mr. Nijanjan R.P	B.Sc. (Nursing)III year	Private	Rs. 50000
Ms. Mrinalini M	B.Sc. (Nursing)II year	Private	Rs. 50000
Ms. Rekha .R	B.Sc. Nursing (Post Basic)II year	Private	Rs. 50000
Ms. Ranjani. T	B.Sc. Nursing (Post Basic)II year	Private	Rs. 50000

NSS PROGRAMS

Name of the Program	Date	Venue	Number of participants and beneficiaries
Multi specialty medical screening	05.01.2024	Avadi Vijyanta higher secondary school	Dental, eye, skin, General Health Screening and hearing assessments done for 291 school children. 6 volunteers from unit 4 Participated. Health education done by NSS volunteers
National Youth day celebrations	12.01.2024	Kolappancherry Govt. welfare Higher secondary school	15 NSS volunteers from unit 1 and 185 school students were participants. Essay, elocution, drawing and slogan competitions conducted among students. Rs 12000 Sponsored by lions club of Chennai phoenix for price distribution

Name of the Program	Date	Venue	Number of participants and beneficiaries
Multi specialty medical camp	30.01.2024	Ayyapakkam Govt. primary school	8 volunteers from unit 2 Participated. Dental, eye, skin, General Health Screening Done for 283 school children. Health Education given by NSS volunteers.
Menstrual hygiene awareness	06.02.2024	Chennai Govt. Girls Higher Secondary School – Perambur	14 NSS Volunteers from unit 3 participated. 200 school students were beneficiaries. Various Yoga Asanas performed. Protein Rich Snacks Distributed for all Girl Students. Rs 3000 From SRIHER For Project Pavithra and Rs 10,000 Sponsored by Inner wheel of madras metro
Pond Renovation and inauguration	09.02.2024	Karunakarachery Village	12 volunteers from unit 4 and 5 participated. Pond rejuvenated, Fencing done and children play area was set up. Total budget = Rs 15,35,734 Pond rejuvenation= Rs 8,12, 655, Fencing = 1,28,000, Eco park = Rs 5,95,079 Sponsored by Rotary club of madras temple city RID 3232
Eye Camp	17.02.2024	Sorancherry Village	12 Volunteers from unit 3 participated.110 rural people were screened.Refractive error identified among 74 people for whom free spectacles were sponsored by Inner Wheel of Madras Metro -Rs 19000. . On 20.02.2024, 8 patients from Sorancherry village underwent successful cataract surgeries.
Youth Parliament	07.03.2024	Seminar Hall, SRIHER (DU)	14 NSS volunteers participated topic -One Nation One Election The Debate was moderated by Dr. T .V. Muralidharan Prof, Dept. of Cardiology
Multi Specialty Medical Camp	14.03.2024	Avadi CVRD	6 NSS volunteers from Unit 3 participated. Total camp beneficiaries 100. Mammogram and pap smear testing done for 18 women. OBG Screening -69, Hearing screening -55, Eye Screening 100, ECG -89, Echo -84 was done. Rs 9200 sponsored by Round table India for Health mix.
Lake cleaning program	15.03.2024	Poonamallee	8 NSS Volunteers from Unit 1 and 4 participated Nearly 60 kgs of plastics and other rubbish materials removed.

Name of the Program	Date	Venue	Number of participants and beneficiaries
Multi specialty medical camp	26.03.2024	Annambedu	5 volunteers from NSS unit 5 participated. Total beneficiaries 115. pap smear testing done for 07 women.OBG Screening-29,General screening-84, Physiotherapy-48, Dental screening - 52 Done. Rs 8950 Sponsored by Round table India and Rs 5750 Sponsored by Inner Wheel club of Madras metro for Health mix for women beneficiaries.
Lake cleaning program	28.03.2024	Ayyapakkam lake	8 NSS Volunteers from Unit 4 and 5 were Participated. Nearly 70 kgs of plastics and other rubbish materials removed.
Women wellness camp	03.05.2024	Banyan center for Destitute women, Mugappair west	8 NSS volunteers from unit 2 participated80 destitute women were screened for gynaec problems and clinical breast examination
Tree plantation drive	05.06.2024	SRIHER Campus	13 volunteers from NSS Unit 1 participated in the event.104 Peacock flower saplings (MayilKondrai) planted .Saplings were sponsored by Titan India Pvt Ltd .
World record attempt	12.06.2024	SRIHER Auditorium.	24 participants holding the Bhujangasana pose for 2 minutes and 54 seconds.World Records Union certified this event.
International Yoga Day Celebration	25.06.2024	Govt. Girls Higher secondary school at Poonamallee	10 yoga club members and 20 NSS Unit II and III volunteers participated.Nearly 180 school students were trained on yogasanas
World Environment Day Celebration	29.06.2024	Villivalam village Kancheepuram district	55 Volunteers from units 1 and 2 Participated in the event. Volunteers Planted around 50 coconut tree saplings in Farm area.
Eco park Cleanliness and Tree plantation Drive	18.07.2024	Queen Mary's college, Chennai	47 Volunteers from Unit I and IV participated in the event.50 shade giving saplings were planted by Volunteers.25 kgs of plastics and weeds removed by volunteers
Kargil Diwas – 25 th Victory Day 1	12.07.2024 to 26.07.2024	Dr. Kumararani Meena Muthaiya Arts and Science college, Adayar	12 NSS volunteers participated. Training NSS volunteers to educate school and college students about the sacrifices of Indian soldiers and nearly 350 students were sensitized about Kargil Diwas
Kargil Diwas – 25 th Victory Day 2	18.07.2024	Dr. Kumararani Meena Muthaiya Arts and Science college, Adayar	12 NSS volunteers participated Activities: - Rehearsal program Group performances: street play, speech, Quiz, Interview, Compare conducted

Name of the Program	Date	Venue	Number of participants and beneficiaries
Kargil Diwas – 25 th Victory Day 3	20.07.2024	Colonel Ayyappan Swamy, Contingent Commander, Tamil Nadu and Pondicherry directorate	Army officer Interview session: Interview Questions: Armed forces selection process, Sharing experiences from Kargil war, Inspiring heroes in combat operations, Personal journey and family reactions, Experiences of Republic Day parade, Delhi, Significance of the army commendation card.
Kargil Diwas – 25 th Victory Day 4	24.07.2024	School Visits Banaveduthottam Kolapanchery Vayalalnallur Schools	14 Skit performance and talk on Role of Army in Kargil war by NSS volunteers
Personality Development Workshop	09.08.2024	Seminar Hall, SRIHER (DU)	18 NSS volunteers participated. In association with Disha Bharat The theme Know your Self Know your Country, Know your Culture.
Pond cleaning Programme	27.08.2024	Thattankulam in Ayapakkam	8 NSS Volunteers from Unit 2 participated. Nearly 85 kgs of plastics and other rubbish materials removed. Nearly 500 seed balls planted in the pond area
Women Wellness Camp	28.08.2024	Parivakkam Village	8 NSS volunteers from unit 2 participated. 75 rural women were screened for gynaec problems and clinical breast examination done. Dental screening, Pap smear testing, ECG and ECHO done.
District YUVA UTSAV	22.11.2024	SRIHER(DU)	14 volunteers participated .Series of competitions were conducted for students which include Elocution, Tamil poem, photography, painting, dance and science innovation. Prize winners were given cash prizes, trophy and certificates
Swachh Barath Programme	04.12.2024	Kannapalayam	12 NSS Volunteers participated. The program was inaugurated by Panchayat President Mr. Aadhikesavanand BDO Poonamallee Mr. K. Venkatesan and Mrs. Gnanaswari.
Multi Speciality Medical Camp	17.12.2024	Vyasarpadi	7 NSS volunteers from unit 1 participated. General medicine, paediatric, dermatology specialty services provided. 235 slum area people beneficiary
Multi Speciality Medical Camp	21.12.2024	Kannapalayam Village	8 NSS volunteers from unit 3 participated. General medicine, paediatric, dental, OG and eye specialty services provided. 85 Villagers Beneficiary

SNA ACTIVITIES

Mr. Kevin Shaffein from B.Sc Nursing, I Year secured 4th place in the 6th Tamil Nadu and Pondicherry state level Yogasana competition which was held on 8th February 2024, demonstrating his commitment to physical fitness and cultural activities.

Ms. Swetha and Ms. Remnedhi Priyanka from M.Sc. Nursing participated in the SRIHER Science Quizzer on March 10, 2024 and won the first place in this regional event, showcasing their strong grasp of scientific knowledge.



Mr. Adhil Sarhan, Ms. Kavya, Ms. Harita from B.Sc Nursing, IV Year won the first prize at the Q Infinity Inter Collegiate Quiz Competition at Apollo College of Nursing, Chennai, on March 25, 2024, showcasing their academic and extracurricular excellence.



Ms. Varsha from I Year B.Sc. Nursing participated in a regional event named Milan 2024 on 12th March 2024 in SRM Kattangalattur and won the runner up.

Ms. Kavya from B.Sc Nursing, IV Year secured the 3rd prize in the event JAM at Dr. M.G.R. Educational and Research Institute on 20 June, 2024 demonstrating her quick thinking and communication skills.

On June 11, 2024, all the students from the B.Sc Nursing (Basic) I,II,III,IV, participated in the Yoga World Record event in celebration of the International Day of Yoga. This significant achievement was recognized by the World Yoga Record organization and formally recorded on June 21, 2024, at the SRIHER.



Students from both B.Sc and M.Sc Nursing participated in Innovus 2024 on June 21, 2024 at Sri Ramachandra Faculty of Nursing in which Mr. Adhil Sarhan, Ms. Kavya, and Ms. Harita from IV year B.Sc Nursing (Basic) won the first prize in regional level with cash reward of Rs. 2500.



On June 29, 2024, B.Sc Nursing (Basic) students participated in the World Record Union's Multidisciplinary Health Screening Camp which was conducted in the Sri Ramachandra Institute of Higher Education and Research (DU).



From 6th to 13th September 2024, B.Sc Nursing (Basic) students participated and won prizes at sports events held at Sri Ramachandra Institute of Higher Education and Research (DU) highlighting their diverse talents. Mr.A.Jeffrin Anto won 2nd and 3rd place in Javelin throwl (Men) and Discuss throw (Men) respectively. Ms. Keert-hana, Ms.Sherlin Grace won second place in Kho-kho. Mr.Bharath.K, Ms.Mukesh S. Vignesh Murugan won first place in Kho-kho.

Meraki was organized by the Kernovians, a group of 3rd-year MBBS students,that took place from September 3rd, 2024, to October 5th, 2024. Around 289 students from Alcanters , registered for the event. With the outstanding achievements of Alcanters in both sports and cultural events secured 5th place on the overall leader board out of 25 colleges participating in the *Meraki* sports

SPORTS ACHIEVEMENTS

Alcanters performed exceptionally well in several sports events, securing multiple top positions:

- Yoga (Men): Kevin Shaffrin secured 2nd place.
- 100m Sprint (Men): Mohammed Shaban secured 3rd place.
- 200m Sprint (Men): Jeffrin Anto secured 2nd place.
- Discus Throw (Men): Jeffrin Anto secured 1st place.
- -4x100 Relay (Men): Vignesh Murugan, Jeffrin Anto, Oleeth, and Mohammed Shaban, secured 3rd place.
- Shotput (Women): Joshina Roselyn secured 3rd.
- Discus Throw (Women):Joshina Roselyn secured 2nd place.
- Super Six (Men): Rens R, Sivagurubalan O, Vishweshwaran S, Murugan C, Keerthivasan R, Rohith P, Sriperumal R, and JeevaBalaji V emerged as the winning team.

SPORTS ACHIEVEMENTS

- Throwball (Men): Abisheik P, Grand S Jatlin, Peter A, Paul A, Deepasudhan S, Aravindkumar A, Joel S, Elan Suriya T, Dominic Savio Y, Sriperumal R, and Rohith P were the winners of the match.
- Throwball (Women): Madhumitha R, Arathy Sunil, VithurShalini J, Anna Libika E V, Aleena Raju, Karunya P D, Megha J Thekkumkattil, Nadana Binu, Vanya Daise TV Raj, Vijyashree R, Heana S, and Ann Maria Paul C secured first place.

CULTURAL EVENTS

Alcanders demonstrated remarkable creativity and skill, contributing significantly to the vibrant cultural atmosphere of the event.

- Melomania
 - Angelina Thomas
 - Maria Amelia Joseph
 - Serah Elza Reny
 - Vergil Jose
 - Timothy Annadurai
 - Issac Immanuel
 - Adithyan D , were the runner ups



Ms. Maria Amelia and Ms. Afreen K Sulthana, B.Sc.N IV year students participated in SALT (Student Advocacy and Leadership Training) Programme for SNAI unit office bearers organized by Trained Nurses Association of India-Tamilnadu State Branch at Billroth College of Nursing, Chennai on 6th November 2024.



CELEBRATIONS

The SNA Sports and Cultural Events at Sri Ramachandra Faculty of Nursing were held from April 30 to May 6, 2024. Students from I, II, III, and IV year B.Sc. Nursing participated enthusiastically in various sports and cultural competitions, showcasing their diverse talents and team spirit.



Freshers' Day for the academic year 2024-2025 was celebrated on 23rd November 2024. The freshers were warmly welcomed by the faculty and senior students. The event featured cultural performances, fun games, and a thoughtful address by the Principal, making the day memorable for the newcomers.



STUDENT COUNCIL

Mr. Vergil Jose and Ms. Elizabeth Sona from BSc Nursing, III year was selected as the student council members for the year 2024-25. They had their investiture ceremony on July 10, 2024 where they received their badges.



STUDENTS NURSING ASSOCIATION ELECTION

SNA office bearers for academic year 24-25 election held on 8th November 2024 and 9 students were elected in different posting.

Name of the Post	Name of the Student	Course
Vice President	Mr. Maria Amaliya	B.Sc. Nursing (Basic) IV year
Secretary	Ms. Afreen. R	B.Sc. Nursing (Basic) IV year
Joint Secretary	Mr. Anison S. Jose	B.Sc. Nursing (Basic) III year
Treasurer	Ms. Supraja	B.Sc. Nursing (Basic) IV year
Joint Treasurer	Mr. S. Vishweshwaran	B.Sc. Nursing (Basic) III year
Sports- Secretary	Mr. S. Deepasudhan Ms. Habitha	BSc. Nursing (Basic) IV year
Sports-Secretary	Ms. N. Thaila Santhosi Ms. K. Madhumitha	B.Sc. Nursing (Basic) IV year



ALUMNI CORNER

Dr. Sujatha Shanmugasundaram, Alumni M.Sc. Nursing (2003-2005) Batch has received Distinguished Educator in Gerontological Nursing 2024 from The National Hartford Center of Gerontological Nursing Excellence (NHCGNE), United States.



Dr. Sujitha Elavally, Alumni M.Sc. Nursing (2005-2007) Batch has been awarded the Best Teacher (Nsg) 2024 Award from Kerala University of Health Sciences (KUHS), Thrissur on 6th Dec.



UPCOMING EVENTS

Events for 2025	Months
Pongal celebration	January
Dissertation to Publication - DtoP-2025	February
Nurses' day	May
ARQ- Preconference workshop	June
International Nurses Conference	July
Teachers' day	September
Pooja celebrations	September
INNOVUS 2025	October
Lamp lighting	October
Christmas and New year Endowment Oration	December

Kindly mail your replies / comments / feedback to
nmindsrfon@gmail.com